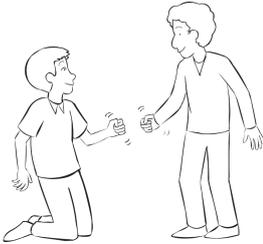


Rock, Paper, Scissors: Five Lives



At A Glance

Fun variation of classic partner elimination game.

Benefits

- Very playful & fun
- Healthy competition
- Elimination game
- Partner activity
- No props

Time 1 - 2 min

People Mini 1 – 7

Step-by-Step Instructions

1. Form into pairs.
2. Clearly establish a standard 'Rock-Paper-Scissors' protocol for everyone to follow.
3. By demonstration, explain that with each and every round played, the winner advances up one level, and the loser goes down one level.
4. Everyone starts by standing on their two feet, facing their partner.
5. After the first round, the 'loser' will play their next round kneeling on one knee.
6. With each successive loss, the next three lower-levels of play are:
 - Kneel on both knees;
 - Sit on bottom; and
 - Lie on back.
7. Ordinarily, individuals move up and down the levels (up when they win, down when they lose)

several times during the contest.

8. When an individual loses a round from the position of lying on their back, they are eliminated from the game.
9. Play several rounds and/or swap partners.

Popular Variations

- **RPS Championship:** Set up the game as an elimination, whereby the winners of each pair of players remain to compete with another winner. The last person standing wins.
- **Varying Levels:** If asking your group to lie on their backs is not appropriate, or asking too much, present the game with only three levels (kneel on one knee, two knees, sitting on bottom, then out). Or, introduce a series of alternative levels, such as standing on two feet, standing on one foot, sitting down on a chair, crossing yours legs, etc.
- Take a look at Ro Sham Bo to enjoy another fun variation of Rock-Paper-Scissors action.
- Take a look at The Splits to challenge pairs in a physically-demanding RPS duel.

Videos

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